



PRESS RELEASE

For immediate release

Beneva Quebec City Marathon, a healthy invitation from Brunet 23rd annual marathon a resounding success after 2-year hiatus

Quebec City, Sunday, October 2, 2022 — Thousands of runners were treated to picture-postcard Quebec City at its finest for the 23rd annual [Beneva Quebec City Marathon, a healthy invitation from Brunet](#). As the weekend-long event returned after a two-year pandemic-induced hiatus, an impressive 8,000 runners turned out to take on a variety of challenges from the 2K Kids Race, the Beneva healthy 5K, the Sports Experts 10K, the Kyndryl 21.1K half-marathon presented by WKND 91.9 FM and the 42.2K Beneva marathon. Quebec Running Events Corporation and event producer GesteV are pleased to report that fresh updates to the course were a hit with the athletes and spectators alike.

The Beneva Quebec City Marathon officially brought the 2022 Je Cours Qc season to a close. "It's always something special to watch the runners cross the finish line and see the smiles on the faces in the crowd. For the athletes, this is the culmination of countless hours spent pushing their limits and preparing for the big day. And for the organizers, it's the finish line of our own kind of marathon. It's amazing to experience the feeling in the crowd and see the sense of achievement in the runners. A lot of work goes into an event like this, and everything is made possible thanks to the support of our partners and the dedication of all the volunteers," said Marianne Pelchat, executive event producer for GesteV.

If the organizing committee was delighted with the success of the event, so was its title partner: "After a two-year hiatus, we were thrilled to be back and part of the fun and excitement of the Beneva Quebec City Marathon. Beneva is proud to be the title sponsor of this event and to promote physical activity and healthy lifestyle habits. Congratulations to all who laced up their sneakers to participate, help and cheer on the runners!" said Martin Robert, Executive Vice-President and Lead of Talent, Culture and Communications at Beneva.

As they set their sights on the upcoming 2023 season, it emphasizes the immense success of the new start and finish site: "Comments are unanimous; the fact of centralizing the start and finish wires as well as the Expo Je Cours Qc on the Place Jean-Béliveau allowed the community of runners and their supporters to gather in the same place, for a most festive atmosphere," explains Marianne Pelchat. Furthermore, the Corporation Événements Course de Québec and its delegate producer GesteV affirm that they plan to exploit the revisited formula of the route for several more years, to the delight of marathoners.

In the 42.2 km Beneva race, David Mutai (Toronto, ON) was the first to cross the finish line in a time of 02:24:21, followed by Alexis Lavoie-Gilbert (Lévis, QC) and Anthony Larouche (Quebec City, QC) who placed 2nd and 3rd respectively. In the women's race, Nadia Bolduc (Chicoutimi, QC) won the honours by completing the course in a time of 02:57:57, followed by Joanie Charland (Longueuil, QC) in second place and Catherine Papillon (Saint-Augustin, QC) in third place.

A marathon of extras

On the Friday and Saturday, runners flocked in their hundreds to the Je Cours Qc Expo in the Vidéotron Centre, with guest speakers and exhibitors' booths drawing big crowds. The outdoor Beneva Chillout Zone and Brunet Wellness Area were also popular with runners wanting to catch their breath and relax after their race. The Fonds de solidarité FTQ area also did not go unnoticed as it allowed the runners to recover their official time.



A positive impact

This is an event that raises money for a good cause, and as in previous years, the organizers were pleased to support the Quebec Heart and Lung Institute (IUCPQ) Foundation, raising a total of \$25 100, including a significant financial contribution from Beneva. In addition, the collective involvement of numerous groups of volunteers helped to fund a project or cause of their choosing.

Results for the 23rd annual Beneva Quebec City Marathon, a healthy invitation from Brunet:

Beneva 42.2K Marathon / Men

Place	Name	From	Time (hr:min:sec)
1	David Mutai	Toronto	02:24:21
2	Alexis Lavoie-Gilbert	Lévis	02:27:09
3	Anthony Larouche	Québec	02:30:57

Beneva 42.2K Marathon / Women

Place	Name	From	Time (hr:min:sec)
1	Nadia Bolduc	Chicoutimi	02:57:57
2	Joanie Charland	Longueuil	02:59:20
3	Catherine Papillon	St-Augustin	03:03:03

Kyndryl 21.1K Half-Marathon presented by WKND 91.9 FM / Men

Place	Name	From	Time (hr:min:sec)
1	Jérémy Briand	Sainte-Julie	01:07:08
2	Vincent Hoa Mai	Lévis	01:09:39
3	Jean-Simon Lapointe	Québec	01:10:02



Kyndryl 21.1K Half-Marathon presented by WKND 91.9 FM / Women

Place	Name	From	Time (hr:min:sec)
1	Caroline Pomerleau	Québec	01:16:58
2	Élisa Morin	Montréal	01:17:08
3	Karine Lefevbre	Lac-Beauport	01:21:21

Sports Experts 10K / Men

Place	Name	From	Time (min:sec)
1	Félix Bourdages	Bonaventure	33:52
2	Alexandre Geoffrey	Dublin, Irlande	34:07
3	Frederic Desbiens-Tremblay	Québec	36:27

Sports Experts 10K / Women

Place	Name	From	Time (min:sec)
1	Mélissa Chénard	Québec	39:41
2	Elise Lechasseur	Québec	39:53
3	Annie Laperle	Candiac	40:46

Beneva healthy 5K / Men

Place	Name	From	Time (min:sec)
1	Edouard Lehoux	Lac-Beauport	16:45
2	Jonathan Veilleux	Ste-Marie	16:53
3	François Côté-Robin	Lévis	17:50



Beneva healthy 5K / Women

Place	Name	From	Time (min:sec)
1	Céline Best	Québec	18:45
2	Anouka Tremblay	Québec	21:08
3	Vera Gauvin	Québec	22:08

2K Kids Race / Boys

Place	Name	From	Time (min:sec)
1	Rafael Trad	Lévis	8:42
2	Tristan Lévesque	Lévis	9:45
3	Tom Desbiens	St-Lambert	9:48

2K Kids Race / Girls

Place	Name	From	Time (min:sec)
1	Clara Flamand	Québec	9:51
2	Megane Proulx	Lévis	9:56
3	Delphine Levasseur	Lévis	10:40

* For a complete list of results from the Beneva Quebec City Marathon, a healthy invitation from Brunet, visit www.sportstats.ca/.

Thank you to our partners

A major event like the marathon would not be possible without the support of our loyal partners. Thank you to our event title partner [Beneva](#) and presenting partner [Brunet](#). We would also like to acknowledge the contribution of major partners [Kyndryl](#), [Fonds de solidarité FTQ](#) and [Groupe Boucher](#), as well as the support of 10K partner [Sports Experts](#). Further thanks are extended to public partners the [Government of Québec](#), [Destination Québec cité](#), the [Ville de Québec](#) and Canada's [National Battlefields Commission](#) for their involvement. Thanks also to official partners [Fairlife](#), [Les Producteurs de lait du Québec](#), [Canac](#), [Biscuits Leclerc](#) and [Michelob Ultra](#). We would like to say a special thank-you to our medical partner, the [Québec Heart and Lung Institute IUCPQ](#), to supporting partner [Olympe](#), and to our valued media partners [Journal de Québec](#), [WKND 91.9](#) and [TVA](#).



Pre-registration for 2023 events

Runners can take advantage of super early-bird registration until 11:59 p.m. on Tuesday, October 4 at www.jecoursqc.com/en/registration/.

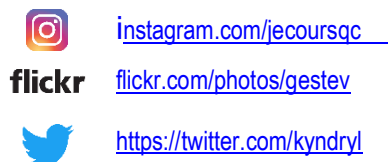
About Québec Running Events Corporation

Québec Running Events Corporation exists to promote the sport of running in and around Québec City. It presents the Je Cours Qc amateur event series, which draws thousands of runners and walkers to the region from near and far. As well as delivers running events for the general public, Québec Running Events Corporation works tirelessly to further the development of the sport and encourage runners of all ages to pursue healthy life choices.

About Gestev

Founded in 1992, Gestev is a dynamic event management company specializing in happenings that make their mark locally as well as on the world stage. Gestev leads the way for producing, broadcasting and promoting sporting and cultural events to showcase homegrown and international talent throughout the market it serves. As a subsidiary of Québecor Sports and Entertainment, it stands alongside the Vidéotron Centre, the Baie de Beauport, the Capitole Theatre, Musicor and the Cabaret du Casino de Montréal. Gestev goes above and beyond to deliver quality events with extensive opportunities for convergence driven by the strength of the Québecor Group. Red Bull Crashed Ice, Vélirium, the UCI Mountain Bike World Championships, the Je Cours Qc running events and the FIS Cross-Country Skiing World Cup events are just some of the major happenings organized by Gestev, which also manages its own experiential marketing agency in Québec City and Montréal.

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